



UNIVERSITY of CALIFORNIA

Agriculture & Natural Resources

COOPERATIVE EXTENSION • YOLO COUNTY

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VEGETABLE VARIETY SUGGESTIONS & PLANTING TIMES FOR THE SACRAMENTO AREA

Artichoke, Globe (dormant plants, winter-early spring)
Green Globe

Artichoke, Jerusalem (tubers, January-February)

Asparagus, (crowns, Jan-Feb; seeds, spring)
Mary Washington

Beans, Fava (English Broadbean)—(seed, late October-early November)

Beans, Lima (seed, April-May)
Bush: Henderson
Fordhook 242
Pole: King of the Garden

Beans, Snap (seed, April-June)
Bush: Derby (does well in boron soil)
Brittle Wax (yellow)
Contender (early)
Harvester (late)
Greensleeves
Roma
Roma II
Royal Burgundy (purple)
Pole: Kentucky Wonder
Blue Lake
Kwintus (Romano type)
Yard Long Beans: (April-May)

Beets, (seed, March-April; August)
Red Ace
Detroit Dark Red
Early Wonder
Burpee's Golden Beet
Cylindra

Blackeyed Peas, (Cowpeas) – (seed, April-May)

Early Ramshorn Black Eye
California Blackeye
Brown Sugar Crowder
Dixie Lee Monarch

Broccoli, (seed, July; transplants, Aug-Sept)
Waltham 29 (indeterminate)
Green Duke (determinate)
Gem (determinate)
De Cicco Greenbud (indeterminate)
Premium Crop Hybrid
Green Goliath (indeterminate)
Green Sprouting (Calabrese; indeterminate)
Arcadia
Goliath
Diplomat (late)

Brussels Sprouts, (seed late June; transplants, mid July to early August)
Jade Cross Hybrid
Bubbles
Vancouver

Cabbage, (seed, July, January; transplants, August, February)
Roundup (FM)
King Cole (FM)
Copenhagen Market
Stonehead Hybrid
Earliana
Ruby Ball Hybrid (red)
Savoy King (Savoy Cabbage)
Savoy Ace hybrid
Chinese Cabbage & Pak Choi
Pak Choi, Crispy Choy
Charmant
Blue thunder
January king (for winter use)



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Cantaloupes /other melons, (seed, April-May)

Persian, Honey Dew, Casaba and
Crenshaw are all successful
Burpee Hybrid
Ambrosia Hybrid
Burpee Early Hybrid Crenshaw
Orange Sorbet Hybrid Honeydew

Carrots, (seed, February-March, July-August)

Nantes Half Long
Danvers Half Long
Short n' Sweet
Red Cored Chantenay
Imperator (deep, sandy soil)

Cauliflower, (seed, late July-August; transplants,
late summer-February)

Snowball Y
Snowcrown Hybrid
Monarch 73
Purple Head
Minuteman
Wentworth

Celtuce, (seed, late August-September)

Burpee's Celtuce

Chard, (seed, February-March)

Fordhook Giant
Ruby or Rhubarb
Bright lights (colored petioles)

Chives and Garlic Chives, (seeds, February-
March, October-November)

Collards, (late summer)

Georgia

Corn, (April-June)

Silver Choice (white)
Bonanza (FM)
Silver Queen (white, late)
Seneca Chief (late)
Golden Jubilee
Golden Cross Bantam (some smut resistance)
Illini Xtra-Sweet
Early Sunglow (good for freezing)
Lochief (some smut resistance)
Oregon White
Burpees Honeycross (some smut resistance)
Silver King (white, sugar enhanced)

Early choice (yellow, sugar enhanced)

Cucumbers, (April-May)

Slicing: Burpee Hybrid
Green Knight Hybrid (burpless)
Lemon
Armenian
Pickling: Wautoma
Salading Hybrid
SMR-58
Limited Space:
Champion
Tiny Dill
Patio Pik

Endive, (August)

Full Heart Batavian (smooth)
Green Curled

Eggplant, (transplants, April-May)

Black Beauty
Burpee Hybrid
Morden Midget
Ichiban (Japanese Hybrid)

Garlic, (November-January)

Spanish Roja
Italian Red
California Early (milder)
California Late
Elephant Garlic

Kale, (seed, late July-early August)

Dwarf Blue Curled Vates
Dwarf Curled Scotch
Red Russian

Kohlrabi, (seed, July; transplants, August)

White Vienna (preferred variety)
Purple Vienna
Grand Duke

Leeks, (January-April)

Large American Flag

Lettuce, Loose-leaf (late Aug-Sept, Jan-March)

Bibb
Buttercrunch
Salad Bowl
Royal Oakleaf
Green Ice

Ruby (red)
Prizehead (bronze)
Esmeralda (butterhead)
Vivian (large cos-type)

Lettuce, Head (not recommended for this area)—
(late August-September)
Great Lakes

Mustard, (late August-September)
Southern Giant Curled
Fordhook Fancy
Florida Broadleaf
Mustard Spinach (September-October)

Okra, (May)
Clemson Spineless

Onions, (Seed, Nov-Feb; transplants, Aug-Sept)
Bunching: Evergreen
Long White Bunching
Medium: Early California Red
Stockton Yellow Globe
Torpedo (Italian Red)
Copro (brown, long keeper)
Mars (red, long keeper)
Late: Southport White Globe
Southport Yellow Globe
Fortress (brown, long keeper)
Ailsa Craig (sweet, white)

Seedlings: Above varieties available late
summer-early fall and spring.

Sets: Available fall-winter. Come in white, red,
brown. White usually preferred.

Parsley, (December-May)
Moss Curled
Italian or Plain

Parsnips, (August)
All American
Harris Model
Hollow Crown Improved

Peas, (late September-February)
Edible pod: Sugar Snap
Mammoth Melting Sugar
Burpee's Sweetpod
Pole, shelling: Alderman (= Tall telephone)
Mr Big (not as tall as Alderman)

Bush: Burpee's Blue Bantam
Burpeeana Early
Green Arrow

Peppers, (seed, February; transplants April-May)

Bell: Keystone Resistant Giant
Yolo Wonder
California Wonder
Yolo Y
Gypsy Hybrid
Pimento
King of the North
Giant Szegedi

Hot: Cayenne
Anaheim Chili
Hungarian Yellow Wax
Jalapeno
Serrano

Potatoes, Sweet (May)
Moist: Puerto Rico
Bush Puerto Rico
Centennial
Dry: Yellow Jersey
Jersey Orange

Potatoes, White (February)
White Rose (early)
California white (early)
Red La Soda (large red)
Russet Norkotah (good russet)
Yukon Gold (struggles in our climate)

Pumpkins, (April-June)
Big Tom
Big Max (biggest)
Small Sugar

Radish, (September-March)
Cherry Belle
French Breakfast
White Icicle
Scarlet Globe

Rhubarb, (plants, January-February)
Victoria (available in seeds)
Valentine
Strawberry
Cherry

Rutabaga, (July)

American Purple Top Yellow

Pink Banana

Spaghetti Squash

Spinach, (October, February-March)

Bloomsdale Long-Standing

Hybrid #8

New Zealand Spinach (March)

Melody (longer lasting)

Malaber Spinach

Giant 157 hybrid (flat leaves)

Tomatoes, (March-May)

Burpee VF Hybrid (indeterminate)

Ace (VF) (determinate)

Ace 55 (VF) (determinate or semi-determinate)

Better Boy (VFN) (indeterminate)

Beefmaster (VFN) (indeterminate, extra large)

Early Girl (V) (indeterminate, early)

Patio Hybrid (determinate, containers)

Red Cherry (indeterminate)

Sweet 100 (indeterminate, containers)

Tiny Tim (determinate, containers)

Burpee's Jubilee (indeterminate, orange)

Roma VF (determinate, paste, canning)

San Marzano (indeterminate, paste, canning)

Floramerica (indeterminate)

4th of July (indeterminate, very long season)

Sweet seedless (indeterminate, no seeds)

Parks CR Whopper Improved (indeterminate)

Squash, Summer (April-June)

Burpee Hybrid Zucchini (bush)

Aristocrat Hybrid Zucchini (bush)

Burpee Golden Zucchini

Gold Rush Hybrid Zucchini (gold)

Early Golden Summer Crookneck

Early Prolific Straightneck

Green Tint Bush Scallop

Early White Bush

Scallopini Hybrid

Greyzini Hybrid zucchini

Scallop Peter Pan Hybrid

Eight ball (round zucchini)

Turnips, (August, February)

Purple Top White Globe

Cocktail Turnip (salads, pickling)

Squash, Winter (April-June)

Table Ace, Acorn

Bush Table Queen, Acorn

Butternut

Burpee's Butterbush (bush butternut)

Hubbard

Watermelons, (April-May)

Klondike

Striped Klondike

Charleston Gray

Kleckley's Sweet

Compiled by: Robert Norris, UCD Plant Science, Emeritus Professor, and the U.C. Master Gardeners.

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